



AMBULATORY
PHLEBECTOMY

.... IS IT RIGHT FOR ME?

With the help of a specialist,
determine if this is the right treatment for your

VARICOSE VEINS.

Do you...

WANT RELIEF OF PHYSICAL PAIN
AND DISCOMFORT IN YOUR LEGS?

HAVE LARGE BULGING VEINS NEAR
THE SURFACE OF THE SKIN?

IF YOU ANSWERED YES, ***READ ON!***

Ambulatory Phlebectomy just might be what the doctor will order!



Patients seek treatment for varicose veins for one of two reasons:

- 1) relief of symptoms such as swelling and pain
- 2) reduction of ropey, bulging, and visible veins

Untreated diseased veins can lead to pain, inflammation and discoloration as well as impact the flow of blood between the legs and heart.

Ambulatory phlebectomy is used to treat symptomatic veins with the primary objective of relieving medical symptoms. A positive by-product of the medical vein treatment is the reduction of cosmetic problems such as protruding veins and swollen-looking legs.

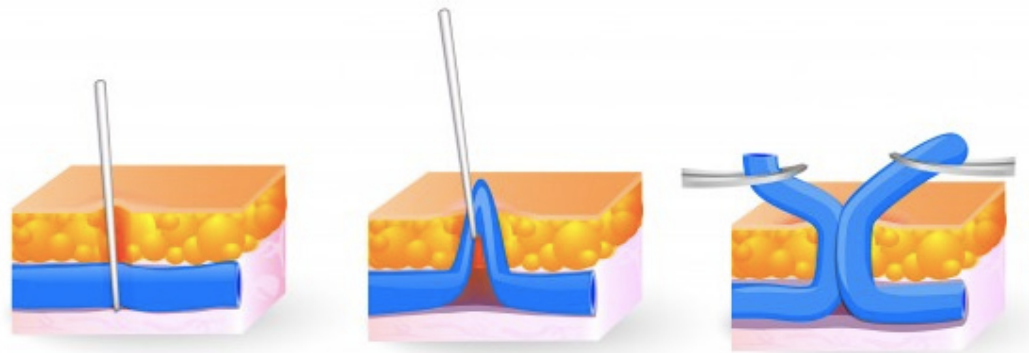
Ambulatory phlebectomy is an outpatient procedure developed in Europe for the treatment of medium to large diseased veins. It is a good option for individuals looking for relief of physical pain and discomfort as well as the appearance of bulging veins. This treatment is not preferred for smaller, spider veins. This approach is also not advised for patients unable to walk on their own or wear compression stockings.

THE 411:

FREQUENTLY ASKED QUESTIONS
REGARDING THE PROCEDURE
AND ITS RESULTS.

Q: HOW DOES THE PROCEDURE WORK?

In ambulatory phlebectomy, large bulging varicose veins are removed through the surface of the skin. Prior to the procedure, your physician will carefully mark the veins to remove in order to know precisely where to place incisions. While under local anesthesia, tiny incisions are made in the targeted areas to begin the procedure. Next, a phlebectomy hook is inserted into the small skin incisions resembling needle punctures, and the diseased vein is removed section by section. Once the damaged veins are removed, other healthy veins in the leg absorb the excess blood and restore normal blood flow.



A hook is inserted
into a tiny incision

A section of
the vein is hooked

The vein
is removed

Ambulatory phlebectomy is often performed in conjunction with endovenous laser or radio frequency ablation either during the same procedure, or at a separate time.

The length of the procedure and number of treatments depends upon the severity of your condition and the number of veins to be removed. Under normal circumstances, the procedure itself takes about 45 to 60 minutes to perform.

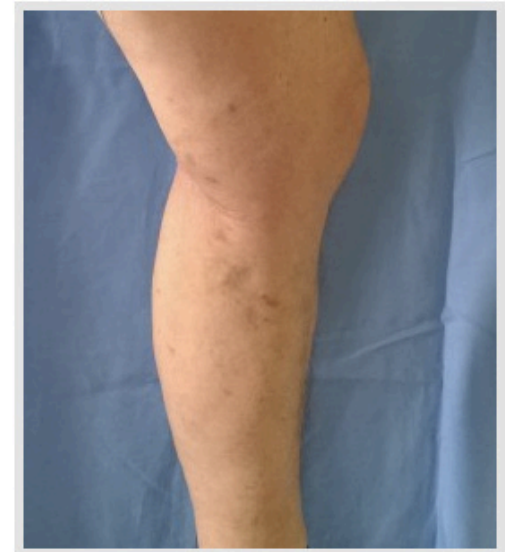
*Q: WHAT IS THE RECOVERY FOLLOWING
AMBULATORY PHLEBECTOMY?*

The incision sites are so small they do not require stitches and there is virtually no scarring. Following this procedure, the leg is often wrapped with an ace bandage and the patient experiences little to no downtime. Patients are able to walk immediately post procedure and carry on normal daily activities within 24 hours. It is typically recommended to keep the leg elevated for the first day and limit strenuous activity, such as heavy lifting and exercise, for two weeks. Upon removing the ace bandage, a compression garment is worn for two weeks to minimize swelling and discomfort, promote proper healing, and minimize pain post procedure. As with any procedure, temporary bruising and swelling in the treatment area is normal.

Q: WHAT ARE THE RESULTS?

Results vary from patient to patient; however, generally speaking results of the procedure have been excellent from a relief of symptom, patient satisfaction, and cosmetic point of view. Incisions from the procedure heal on their own and typically any visibility of these sites will subside after six to twelve months. Swelling and pain symptoms experienced prior to the procedure should be relieved immediately. Ambulatory phlebectomy presents long lasting, effective results for most patients, although it is possible for recurrence. To minimize the risk of recurrence, follow your doctor's orders for recovery, maintain a healthy weight and stay physically active.

BEFORE & AFTER



Q: IS IT SAFE?

As with any medical procedure, there are risks for complications but with ambulatory phlebectomy, they are minimal. Possible complications from this otherwise safe procedure include temporary bruising or swelling, infection, and pain.

Q: WHAT SHOULD BE DONE WHEN CONSIDERING AMBULATORY PHLEBECTOMY?

The staff at Premier Vein Clinic can help determine if this approach is your best option to help relieve symptoms. During your initial consult, a thorough review of your medical history and a physical exam will be performed. Your Premier physician will also talk in depth with you about expectations, risks and outcomes of the procedure. After consulting a vein specialist, it may be recommended to pair ambulatory phlebectomy with endovenous laser therapy or sclerotherapy for optimal results.



NO MORE PAIN,
NO MORE WORRY,
NO MORE VARICOSE VEINS.

Are you a candidate for varicose vein treatment?
Take Premier Vein Clinic's online self assessment and find out!

TAKE IT NOW

For more information visit

www.premierveinclinics.com

or call

(865) 588-8229

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